

5:00	Girls 1600m	Heat #1	17
5:08	Girls 1600m	Heat #2	15
5:16	Girls 1600m	Heat #3	12
5:24	girls 4 x 100	heat #1	5
5:27	boys 4 x 100	Heat #1	5
5:30	Boys 1600m	Heat #1	17
5:37	Boys 1600m	Heat #2	15
5:44	Boys 1600m	Heat #3	12
5:51	boys 110hh	Heat #1	6
5:55	Girls 100hh	Heat #1	8
5:58	Girls 100hh	Heat #2	8
6:05	Girls 400m	Heat #1	5
6:08	Girls 400m	Heat #2	7
6:11	Girls 400m	Heat #3	7
6:14	boys 400m	Heat #1	8
6:17	boys 400m	Heat #2	8
6:20	boys 400m	Heat #3	8
6:27	Girls 100m	home side	6 heats
6:27	Boys 100m	visitor side	7 heats
6:50	girls 800m	Heat #1	17
6:54	girls 800m	Heat #2	15
6:58	girls 800m	Heat #3	12
7:02	boys 800m	Heat #1	17
7:06	boys 800m	Heat #2	15
7:10	boys 800m	Heat #3	12
7:17	girls 300ih	Heat #1	8
7:20	girls 300ih	Heat #2	8
7:25	boys300ih	Heat #1	5
7:30	boys300ih	Heat #2	6
7:35	co-ed 4 x 200	heat #1	
7:39	co-ed 4 x 200	heat #2	
7:44	Boys 3200	Heat #2	21
8:00	girls 4 x 400m	heat #1	5
8:05	boys 4 x 400m	heat #1	6

### Friday Night

#### Field Events

5:00	High Jump	Boys	6
After Boys	High Jump	Girls	12
5:00	Long Jump	Girls-pit 1	14
5:00	Long Jump	Boys-pit 2	27
After Long	Triple	Girls-pit 1	5
After Long	Triple	Boys-pit 2	12

6:30	Girls 1600m	Heat #1	17
6:38	Girls 1600m	Heat #2	15
6:46	Girls 1600m	Heat #3	12
6:54	girls 4 x 100	heat #1	5
6:57	boys 4 x 100	Heat #1 heat #2	5
7:00	Boys 1600m	Heat #1	17
7:07	Boys 1600m	Heat #2	15
7:14	Boys 1600m	Heat #3	12
7:21	Boys 110hh	Heat #1	6
7:24	Boys 110hh	Heat #2	7
7:27	Girls 100hh	Heat #1	8
7:30	Girls 100hh	Heat #2	8
7:35	Girls 400m	Heat #1	5
7:38	Girls 400m	Heat #2	7
7:41	Girls 400m	Heat #3	7
7:45	boys 400m	Heat #1	8
7:48	boys 400m	Heat #2	8
7:51	boys 400m	Heat #3	8
7:58	Girls 100m	home side	5 heats
7:58	Boys 100m	visitor side	9 heats
8:20	girls 800m	Heat #1	18
8:24	girls 800m	Heat #2	15
8:26	boys 800m	Heat #1	18
8:30	boys 800m	Heat #2	16
8:34	boys 800m	Heat #3	12
8:40	girls 300ih	Heat #1	8
8:44	girls 300ih	Heat #2	8
8:48	boys300ih	Heat #1	8
8:51	boys300ih	Heat #2	8
8:55	Girls 3200	Heat #1	26
9:10	co-ed 4 x 200	heat #1	
9:14	co-ed 4 x 200	heat #2	
9:18	Boys 3200	Heat #2	25
9:35	girls 4 x 400m	heat #1	6
9:40	boys 4 x 400m	Scratch Start	10

### Saturday Night

#### Field Events

5:00	High Jump	Boys	16
After Boys	High Jump	Girls	19
6:30	Long Jump	Girls-pit 1	17
6:30	Long Jump	Boys-pit 2	33
After Long	Triple	Girls-pit 1	12
After Long	Triple	Boys-pit 2	14

## Morning Sat

### 1600 meters

10:00 Girls Heat 1  
10:10 Girls Heat 2  
10:20 Boys Heat 1  
10:30 Boys Heat 2  
10:37 Boys Heat 3  
10:44 Boys Heat 4  
10:50 Boys Heat 5  
10:56 Boys Heat 6

### Field Events

### Var

10:00	Pole Vault	Boys Var/Frosh	23
After Boys	Pole Vault	Girls Var/Frosh	19
10:00	Discus	Girls Var/Frosh	14
10:00	Shotput	Boys Var/Frosh	33
After Shot	Discus	Boys Var/Frosh	26
After Discus	Shotput	Girls Var/Frosh	14